

DECEMBER 2018

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY									
MON	3	TUE	4	WED	5	THU	6	FRI	7
~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~	
WK 2 Cinnamon Roll (42g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Tony's Sausage Bk Pizza (26g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Morning Roll (17g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		French Toast Sticks (26g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Benefit Bars (48g) Juice 1/2 C (13-21g), Applesauce 1/2C (22g)	
~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~	
BBQ Chicken Leg (7g), Green Beans (4g), Whole Wheat Roll (29g), Seasonal Fruit (~15g)		Pork Chop (11g), Mashed Potatoes (18g), Whole Wheat Roll (29g), Gravy (4g), Mixed Fruit (16g)		Frito Pie (38g), Corn (16g), Peaches (16g)		Corn Dog (33g), Fries (27g), Pineapple (17g)		Cheesy Nachos (46g), Beans (13g), Sliced Apples (8g)	
MON	10	TUE	11	WED	12	THU	13	FRI	14
~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~	
WK 3 Mini Waffles (38g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Mini Corn Dogs (20g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Mini Bagels w/Cream Cheese (41g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Goody Ring (29g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Burrito (@36g) (HS/MS) Cereal Breaks (Elem Only) (58g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)	
~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~	
Breaded Chicken Sandwich (46g), Lettuce/Tomato (2g), Baby Carrots (6g), Seasonal Fruit (~15g)		BBQ Dippers (9g), Mashed Potatoes (18g), Whole Wheat Roll (29g), Gravy (4g), Mixed Fruit (16g)		Deli Sandwich (ELEM) (22g), Lettuce/Tomato (2g), Baby Carrots (6g), Pineapple (~17g)		Chicken Fajitas (33g), Beans (23g), Salad w/ Diced Tomatoes (3g), Peaches (16g)		Spaghetti (37g), Green Beans (4g), Sliced Apples (~15)	
MON	17	TUE	18	WED	19	THU	20	FRI	21
~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~	
WK 1 Frudel (36g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Pancake on Stick (17g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		Egg & Cheese Bun (20g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)		NO SCHOOL		NO SCHOOL	
~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~	
Pizza (36g) Salad w/Diced Tomatoes (3g), Seasonal Fruit (~15g)		Chicken Nuggets (13g), Mashed Potatoes (18g), Whole Wheat Roll (29g), Gravy (4g), Mixed Fruit (16g)		Hamburger (24g), Lettuce/Tomato (2g) Fresh Carrots/Broccoli (6g), Peaches (~16g)		NO SCHOOL		NO SCHOOL	
MON	24	TUE	25	WED	26	THU	27	FRI	28
~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~	
NO SCHOOL		NO SCHOOL		NO SCHOOL		NO SCHOOL		NO SCHOOL	
~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~	
NO SCHOOL		NO SCHOOL		NO SCHOOL		NO SCHOOL		NO SCHOOL	
MON	31	TUE		WED		THU		FRI	
~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~		~~BREAKFAST~~	
NO SCHOOL									
~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~		~~LUNCH~~	
NO SCHOOL									