

MAY 2019

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY									
Chef (34g), Apple Feta (82g) and Fruit Salad Available Daily for lunch									
MON	TUE	WED	1	THU	2	FRI	3		
--BREAKFAST--									
WK 2									
--LUNCH--									
Crescent Choc Filled (37g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
French Toast Sticks (26g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
BeneFit Bars (48g) Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
--LUNCH--									
Chicken Fajita Burrito (35g), Salad w/Diced Tomatoes (3g), Peaches (16g)									
Green Chile Chicken Enchiladas (34g), Spanish Rice (20g), Beans (23g), Salad w/ Diced Tomatoes (3g), Pineapple (17g)									
Pizza Personal (32g), Salad w/Diced Tomatoes (3g), Sliced Apples (8g)									
--LUNCH--									
Frito Pie (38g), Corn (16g), Peaches (16g)									
Corn Dog (33g), Fries (27g), Pineapple (17g)									
Cheesy Nachos (46g), Beans (13g), Sliced Apples (8g)									
MON	6	TUE	7	WED	8	THU	9	FRI	10
--BREAKFAST--									
WK 3									
Mini Waffles (38g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Mini Corn Dogs (20g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Mini Bagels w/Cream Cheese (41g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Goody Ring (29g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Burrito (@36g) (HS/MS) Cereal Breaks (Elem Only) (58g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
--LUNCH--									
Cheesy Meatloaf Sandwich (38g), Fries (27g), Seasonal Fruit (~15g)									
Quesadilla (33g), Salad w/Tomatoes (2g), Mixed Fruit (16g)									
Thai Chili Chicken (15g), Brown Rice (28g), Steamed or Fresh Broccoli & Carrots (5g), Rice Krispie Treat (37g), Pineapple (17g), Fortune Cookie (5g)									
CrunchyTacos (20g), Spanish Rice (27g), Salad w/Diced Tomatoes (3g) Peaches (16g)									
Breaded Chicken Patty (13g) Mashed Potatoes (18g), Roll (28g), Country Gravy (3g), Sliced Apples (~8g)									
--LUNCH--									
Breaded Chicken Sandwich (46g), Lettuce/Tomato (2g), Baby Carrots (6g), Seasonal Fruit (~15g)									
BBQ Dippers (9g), Mashed Potatoes (18g), Whole Wheat Roll (29g), Gravy (4g), Mixed Fruit (16g)									
Deli Sandwich (ELEM) (22g), Lettuce/Tomato (2g), Baby Carrots (6g), Pineapple (~17g)									
Chicken Fajitas (33g), Beans (23g), Salad w/ Diced Tomatoes (3g), Peaches (16g)									
Spaghetti (37g), Green Beans (4g), Sliced Apples (~15)									
MON	13	TUE	14	WED	15	THU	16	FRI	17
--BREAKFAST--									
WK 1									
Frudel (36g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Pancake on Stick (17g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Egg & Cheese Bun (20g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Muffin (40g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Bug Bite Crackers (21g) & Cheese Stick (1g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
--LUNCH--									
Steak Fingers (17g), Mashed Potatoes (18g), Green Beans (2g), Whole Wheat Roll (29g), Gravy (4g), Seasonal Fruit (~15g)									
Chili Cheese Fries (29g), Bread Sticks (25g), Salad w/ Tomatoes (3g), Mixed Fruit (16g)									
Asado Burrito or Plate (32g), Refried Beans (24g), Peaches (16g)									
Steak Burrito (32g), Steamed or Fresh Broccoli & Carrots (6g), Pineapple (17g)									
Salisbury Steak (4g) Mashed Potatoes (18g), Green Beans (2g), Whole Wheat Roll (28g), Brown Gravy (3g), Sliced Apples (~8g)									
--LUNCH--									
Pizza (36g) Salad w/Diced Tomatoes (3g), Seasonal Fruit (~15g)									
Chicken Nuggets (13g), Mashed Potatoes (18g), Whole Wheat Roll (29g), Gravy (4g), Mixed Fruit (16g)									
Hamburger (24g), Lettuce/Tomato (2g) Fresh Carrots/Broccoli (6g), Peaches (~16g)									
Japanese Cherry Blossom Chicken (27g), Brown Rice (28g), Steamed or Fresh Broccoli & Carrots (6g), Pineapple (17g), Rice Crispy Treat (37g), Fortune Cookie (5g)									
Cheese Sticks w/Marinara (45g), Salad w/Tomatoes (3g), Sliced Apples (~8g)									
MON	20	TUE	21	WED	22	THU	23	FRI	24
--BREAKFAST--									
WK 2									
Cinnamon Roll (42g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Tony's Sausage Bk Pizza (26g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
Morning Roll (17g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
French Toast Sticks (26g), Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
BeneFit Bars (48g) Juice 1/2 C (13-21g), Applesauce 1/2C (22g)									
--LUNCH--									
Chicken Fried Steak (16g), Mashed Potatoes (18g), Green Beans (2g), Whole Wheat Roll (29g), Gravy (4g), Seasonal Fruit (~15g)									
Breaded Chicken Sandwich (46g), Lettuce/Tomato (2g), Fries (27), Mixed Fruit (~16g)									
Chicken Fajita Burrito (35g), Salad w/Diced Tomatoes (3g), Peaches (16g)									
Red Chile Beef Enchiladas (33g), Spanish Rice (20g), Beans (14g), Salad w/ Diced Tomatoes (3g), Pineapple (17g)									
Pizza Personal (32g), Salad w/Diced Tomatoes (3g), Sliced Apples (8g)									
--LUNCH--									
Golden Burrito (40g), Beans (18g), Salad w/Diced Tomatoes (3g), Seasonal Fruit (~15g)									
Pork Chop Sandwich (11g), Baby Carrots (6g), Mixed Fruit (16g)									
Pizza (36g) Salad w/Diced Tomatoes (3g), Peaches (~16g)									
Corn Dog (33g), Fries (27g), Pineapple (17g)									
Deli Sandwich (ELEM) (22g), Lettuce/Tomato (2g), Baby Carrots (6g), Sliced Apples (~8g)									
MON	27	TUE	28	WED	29	THU	30	FRI	31
--BREAKFAST--									
NO SCHOOL									
--LUNCH--									
NO SCHOOL									
--LUNCH--									
NO SCHOOL									
--LUNCH--									
NO SCHOOL									
--LUNCH--									
NO SCHOOL									